

Temple Aliyah JR & SR USY host FAR WEST USY's
GYM & FITNESS NIGHT

"Come Schvitz, Mingle & Nosh With US!"

SATURDAY, FEBRUARY 25th
8:00pm—11:00pm

Open to all
7th—12th graders

Who have paid their
USY Membership Dues

Cost: \$15.00

EVENT AT:

SPECTRUM CLUB
22235 Sherman Way
Canoga Park, California 91303
818-884-5034

For more information & RSVP...contact your Youth Director or
Temple Aliyah USY:
818-346-3596
sleon@templealiyah.org



FITNESS
EQUIPMENT

SWIMMING
POOL

RACKET BALL
COURTS

ZUMBA
DANCING

BOOT
CAMP

BASKET
BALL GYM

JACUZZI &
SAUNA



Important information to know when participating in this energizing event:

You will need to bring your own equipment for Racket Ball including **GOGGLES**,

All female/male shower rooms have **TOWELS AVAILABLE** for you.

The large gymnasium will only be used for **BASKETBALL**—Balls provided!

ZUMBA DANCE & BOOT CAMP will be available for **30 minute sessions**—see schedule that night.

SWIMMING POOL is 4 feet deep—**no jumping/diving!**

Friendly **group games available** in comfy sitting room.

Healthy drinks & snacks provided.